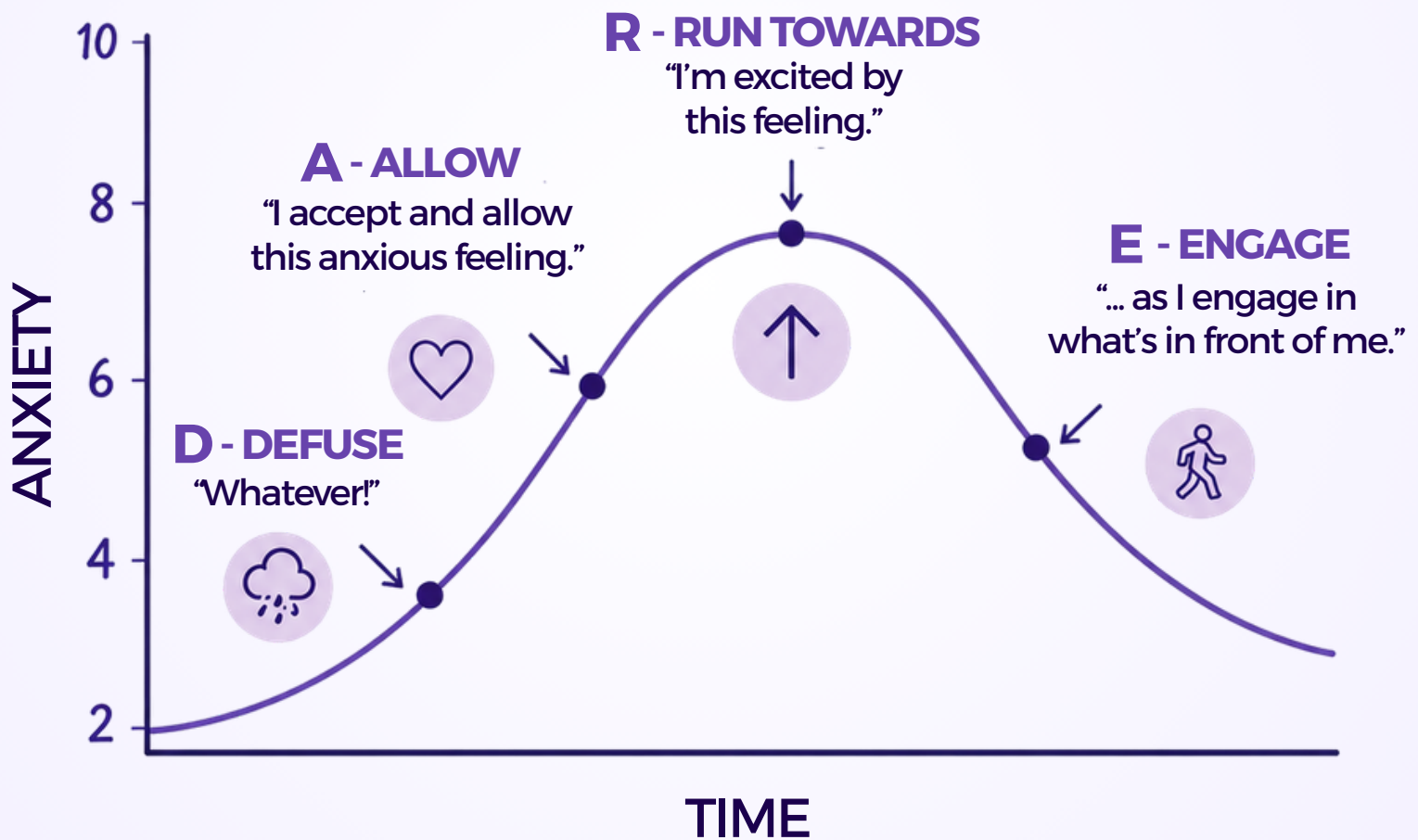




THE DARE RESPONSE FOR ANXIETY

a different way to respond to anxiety



**Freedom = Get comfortable
with anxious discomfort.**